

Assessor:	Andrew Longstaff	Date:	17/06/19
Signature:		Date:	

Reason for Assessment/Area Assessed;

To ensure as far as reasonably practicable the safe usage of

Duddon Canoe Clubs' Ramsden dock base and its facilities by coached groups.

What are the hazards?	Who might be harmed and how?	What are you already doing?	What further action is necessary?	Action required by whom?	Date Action required by?
Open water	All Paddlers, users and visitors Drowning	Ensure all paddlers wear a personal floatation device (PFD)*, constant supervision at all times, all coaches well versed in rescue techniques. *PFD not required for adults when wearing leash on SUP.	Supervision, information, instruction & training to all paddlers and visitors	Coaches & responsible users	On going
Adverse weather conditions	All Paddlers users and visitors Exposure	Paddlers provided with appropriate paddle sport equipment such as wetsuits, cags, waterproofs & pogies as required.	Constant supervision by coaches of paddlers and weather conditions (equipment such as hats and gloves, sun cream will be provided by the paddlers and not the club)	Coaches & responsible users	On going



What are the hazards?	Who might be harmed and how?	What are you already doing?	What further action is necessary?	Action required by whom?	Date Action required by?
Manual handling	All people lifting boats Back strain due to poor lifting technique	All paddlers users & helpers shown the correct method for lifting, carrying and emptying boats	Coaches and responsible users present during the session to ensure that paddlers are using the correct techniques	Coaches & responsible users	On going
Slip, trips or falls	All people attending Ramsden dock base Cuts, bruises & abrasions	Supervision, information, instruction & training to all paddlers and visitors Information in place on notice boards	Seasonal dangers such as ice in the winter and sea weed and shells in the summer to be explained to users	Coaches & responsible users	On going
Equipment	All paddlers and coaches Head injuries	All participants use helmets when taking part in canoe polo, standing up rafting games/gunnel bobbing or any other game where there is a risk of head injury. Novice and U16 to use helmets on SUP's	Coaches carrying out sessions to ensure that paddlers are wearing the correct equipment for the session	Coaches & responsible users	On going
Moving vehicles	Everyone at the Ramsden dock base Injuries consistent with being hit by a vehicle	Club members & users who use the Ramsden dock base informed to give way to pedestrians at all times and drive no faster than 5mph	Signs to be displayed at Duddon canoe clubs Ramsden dock base	Coaches & responsible users	On going

Risk assessment to be reviewed yearly unless there have been changes to working practices